

Regular Schedule	
8:00-9:25	1 st /5 th period
9:30-10:55	2 nd /6 th period
11:00-11:30	Lunch A
11:35 -1:00	3 rd /7 th period
11:00-11:45	3 rd /7 th period
11:50-12:20	Lunch B
12:25-1:00	3 rd /7 th period
11:00-12:25	3 rd /7 th period
12:30-1:00	Lunch C
1:05-2:30	4 th /8 th period
2:35-4:00	9 th /10 th period

THE "DOG DISH"

MONDAY, OCTOBER 23, 2017

WHITE DAY



WEEKLY BELL SCHEDULE 10/23-10/27	
Monday	White Day
Tuesday	Green Day
Wednesday	White Day Advisory
Thursday	Green Day
Friday	White Day

NEWS UPDATES

Athletics

- Winter Sports start 11/13. All paperwork and participating fees/ASB fees are due by 11/6.
- There will be a meeting for all girls interested in bowling, next Wednesday, **October 25**, in Mr. Hill's room, NM220 at 2:45. See Mr. Hill if you have any questions.
- Girls Bowling starts **10/30**. All paperwork and participating fees/ASB fees are due by **10/26**.
- Boys Basketball Open Gym is happening Tuesdays and Thursdays 7:30-9:00pm.
- Girls' locker room will be locked by 2:45. Make sure you clear out before then. This includes after school activities.

Bilingual Juniors and Seniors!

Bilingual Seniors & Juniors, escuchén por favor! Seniors & juniors who are credit deficient & speak Spanish, Russian, or any other language at home are invited to take the Heritage Language test for language credits on your transcript. The application **deadline is October 27**. For more information, see Ms. Lewis in OM 300, Ms. Gonzalez in OM 105, or Ms. Chuprinov in the CTE Office. Spacebo! (pronounced *Spuh-SEE-buh*)

College & Career Center

Financial Aid Night October 24th @ 6PM in the MVHS Library. RSVP online at <https://mvhscollegecareer.weebly.com/financial-aid-workshop.html>

Financial Aid Workshops during the school day on the 25th and 26th. Sign up in the College and Career Center

Juniors and Seniors: Three more colleges will be at MVHS this week, including Eastern Washington University. Sign up in the College and Career Center.

Take a field trip on Nov 14th to BTC to learn more about their programs. Sign up in the College and Career Center.

IMPORTANT PHONE NUMBERS FOR THE HIGH SCHOOL

Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157
 Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192
 ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143

Skagina

- Yearbook orders must be placed by **January 31st** and have less than 50% balance due if students are on a payment plan.
- Ordering a book is the only way to guarantee a copy for your student(s).
- Yearbooks are \$55 if ordered by November 30th and \$65 if ordered by January 31st. The price of our book has dropped from \$60 to \$55 if ordered by November 30th. Before, it was \$75 if ordered after the price increase date. Now it will be \$65.
- Senior Baby ads are being sold in 1/2 (\$75) page and 1/4 (\$40) page sections. Orders for Senior Baby Ads are being accepted from now till - November 3rd. We have 12 total pages for sale, so do not wait too long to place your order. 1/4 page ads have a max of 3 photos and a short message. 1/2 page ads have a maximum of 5 photos and a short message.
- Senior Pictures are due by **Friday, October 27th @ 3PM.**

Clubs

- Key Club meets every Wednesday in the auditorium at 7:30 am. Everyone is welcome to join us.
- Earth club is meeting every Friday after school in NM308! Join us!
- Like to read; talk about books and promote reading? SLAB (student Library Advisory Board) is the club for you! SLAB meets the 1st and 3rd Wednesday of each month after school in the library. Hope to see you there!
- Poetry club will meet every Monday in OM204 from 2:40-3:30.
- Art Skills Club-Join us for fall fun, friendship and food. New members are always welcome. If any questions see Mrs. Card in CTE-5.
- Join French Club next Tuesday, **October 24th**, from 3:15-5:30 for the Annual Fête de la Gastronomie in New Main 321. We will be sampling French cuisine and watching a movie. Admission is \$1.00. Sign up in Portable 6.

Mount Vernon High School Café Lunch Menu



Meal Prices

Student: Paid	\$3.00
Student: Reduced	\$0.40
Adult: Guest	\$4.00
Milk	\$0.50

Complete your meal with choice of fresh veggies, fruit and milk!

	Monday	Tuesday	Wednesday	Thursday	Friday
Sandwiches & Pizza	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Build your own hoagie sandwich with fresh veggie toppings *Chips included	Variety of Gourmet Pizza Choices
Grill	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips	Hamburger + Fries Chicken Burger + Fries Chicken Nuggets + Chips
WRAPS	BUILD YOUR OWN WRAP	BUILD YOUR OWN WRAP	BUILD YOUR OWN WRAP	BUILD YOUR OWN WRAP	BUILD YOUR OWN WRAP
Special	Daily Special	Daily Special	Daily Special	Daily Special	Daily Special
Salad Bar	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available	Create your own salad from a variety of fresh ingredients *Grab n' Go Sandwiches, Baked Potatoes & Yogurt Parfaits Available

This institution is an equal opportunity provider and employer. Menu subject to change without notice.
Questions? Call David Connors, Food Service Director, at (360) 428-6149.