30 Min PM Assembly Schedule			Weekly Bell Schedule 10/15-10/19	
8:00-9:20 9:25-10:40	1 st /5 th period 2 nd /6 th period	The Daily Bulletin	Monday	White
10:45-11:15	Lunch A			
11:20-12:35	3 rd /7 th period	Friday, October 19, 2018	Tuesday	Green
10:45-11:20	3 rd /7 th period	White Day	Iucsuuj	Green
11:25-11:55	Lunch B	VVIIILE Day	Wednesday	White-Advisory
12:00-12:35	3 rd /7 th period	Sold Sold Sold Sold Sold Sold Sold Sold	weullesuay	write-Advisory
10:40-12:00	3 rd /7 th period		Thursdom	Crean
12:05-12:35	Lunch C		Thursday	Green
12:40-1:55	4 th /8 th period		Friday	White-PM
2:00-2:30	Assembly			Assembly
2:35-4:00	9 th /10 th period		L	

News Updates

Picture Retakes

All student picture retakes are on October 22nd during lunches. This is your last chance for pictures and ASB card.



<u>Work Credit</u>

Do you have a job? If so, you could earn high school credit. Stop by the College and Career Center to learn more.

Girls Basketball

Any Girls' interest in basketball, there will be a preseason meeting on Thursday, 11/01, at 2:45 in NM201! GO BULLDOGS!

ASB Card

Please remember you **MUST BRING YOUR ASB** CARD with you to all sporting events to get in FREE at home games and for \$4 at away games.



 Important Phone Numbers for the High School

 Main Office: 428-6100 Fax: 428-6152
 Counseling Office: 428-6156 Fax: 428-6157

 Attendance: 428-6153 Fax: 428-6201
 Athletic Office: 428-6191 Fax 428-6192

 ASB: 428-6174 Fax: 428-6192
 CTE: Fax 428-6143

SENIOR PICTURES

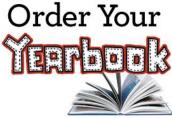
Senior Portraits are due by October 26th. Please follow this link to submit your photo. <u>https://bit.ly/2ItQCAG</u> . Physical copies and e-mails will not be accepted.

Free Senior Portraits

Free senior portraits are available October 29- November 2nd during all 3 lunches. Come dressed up and have your location on campus picked out, first come first serve.

<u>Year Book</u>

As of 10/31/18, the price of yearbooks will now be \$65. You can pay for them in the ASB office.



Guest Dance Form

If you would like to bring a guest who is not a current MVHS student to homecoming this year, you **must** fill out a guest form in the Main Office. These are due by October 24th. No Exceptions! Every dance needs a new form.



2018 MVHS Homecoming "Under the Sea"

Homecoming is October 27th from 8-11pm in the MVHS Cafeteria. Tickets will be \$10/ticket or 2 for \$15. They go on sale 10/17 at lunch in the cafeteria or in the ASB office.

Monday 10/22 Dress up: Lazy Day Evening Activity: Powderpuff Football 6pm MVHS Football Field: For Junior and Senior female students. Permission form must be filled out and turned in to participate

Tuesday 10/23 Dress up: College Apparel Day Evening Activity: Girls Volleyball Game: 7pm MVHS Gym. Come support our Volleyball team on Senior Night as they take on the Lake Stevens Vikings!

Wednesday 10/24 Dress up: Breast Cancer Awareness (All Pink!) Evening Activity: Macho Volleyball-6pm MVHS Main Gym. Come support your class as our male students try to show their skills in a friendly tournament. Tournament begins with Game 1 of the Senior vs. Staff.

Thursday 10/25 Dress up: Denim on Denim

Evening Activity: Movie Night 6:30pm Main Gym. Hosted by Drops of Change in the Main Gym playing Hocus Pocus. \$5 per ticket to attend with all proceeds going to help support "the Thirst Project" which is working to end the worldwide water crisis.

-Girls Soccer Game: 7 pm Bulldog Stadium. Come out and support your Girls Soccer team as they take on Kamiak in their final home game of the year!

Friday 10/26 Dress up: Bulldog Spirit!!!

Evening Activity: MVHS vs Glacier Peak football game 7pm. Come watch your Bulldogs take on the Grizzlies in their Senior Night and Homecoming Football game. Royalty will be recognized at Halftime!

Important Phone Numbers for the High School

 Main Office:
 428-6100 Fax:
 428-6152 Counseling Office:
 428-6156 Fax:
 428-6157

 Attendance:
 428-6153 Fax:
 428-6201 Athletic Office:
 428-6191 Fax
 428-6192

 ASB:
 428-6174 Fax:
 428-6192 CTE:
 Fax
 428-6143

CTOBE

Wednesday Sunday Monday Tuesday Thursday Friday Saturday 30 1 2 3 4 5 6 **Sweet and Sour Buffalo Chicken Cheesy Ham and Burrito Meatball Subs** Chicken Bites **Potato Soup** Seasoned Pinto Chips Salad & Fruit Bar **Brown** Rice Fries Roll Beans/Rice Broccoli Salad & Fruit Bar Salad & Fruit Bar Salad & Fruit Bar Nonfat Chocolate Milk Nonfat & 1% Milk Nonfat & 1% Milk Salad & Fruit Bar Nonfat & 1% Milk Nonfat & 1% Milk Taste WA Day 7 8 9 10 11 12 13 Teriyaki Dippers Spicy Chicken **Chicken Alfredo** Mini Pizzas **Enchiladas/Sour Brown Rice** Burger w/ cheese With Spinach **Caesar Salad Cream Cup** Broccoli Seasoned Fries Garlic Bread Salad & Fruit Bar w/ Pico De Gallo Salad & Fruit Bar Salad & Fruit Bar Salad & Fruit Bar Nonfat & 1% Milk Salad & Fruit Bar Nonfat & 1% Milk Nonfat & 1% Milk Nonfat & 1% Milk Nonfat Chocolate Milk 14 16 17 18 19 15 20 **Cheese Stuffed Mashed Potato Beef and Barley** Hot Ham and Lasagna Roll Ups Green Beans/Bread Breadsticks Bowl Stew **Cheese Sliders** Marinara Sauce w/ Popcorn **Oyster Crackers BBQ** Lays Chips Sticks Salad & Fruit Bar Salad & Fruit Bar Caesar Salad Chicken/ Salad & Fruit Bar Salad & Fruit Bar Gravy/Corn Nonfat & 1% Milk Nonfat & 1% Milk Nonfat Chocolate Salad & Fruit Bar Nonfat & 1% Milk Milk Nonfat & 1% Milk 21 22 23 24 25 26 27 Mandarin **Grilled Cheese** Teriyaki Burger **Buffalo Chicken** Breakfast for Lunch **Orange Chicken** Bites Tomato Soup w/ pineapple ring **Omelets**, Sausage Steamed Brown French Fries **Goldfish Crackers** Seasoned Fries Links rice/broccoli Salad & Fruit Bar Salad & Fruit Bar Salad & Fruit Bar **Biscuits and Gravy** Nonfat & 1% Milk 29 28 30 31 1 2 3 Terivaki Chicken **Ooey-Gooey Beefy Buffalo Chicken** Steamed brown Pizza Mac Garlic Bread rice Caesar Salad Diced Salad & Fruit Bar Frosted Halloween Pears/Broccoli Nonfat Chocolate Cookie Salad & Fruit Bar Milk Salad & Fruit Bar Nonfat & 1% Milk Nonfat & 1% Milk