

Early Release Assembly Schedule	
8:00-8:45	1 <sup>st</sup> /5 <sup>th</sup> period
8:50-9:20	ASSEMBLY
9:25-10:10	2 <sup>nd</sup> /6 <sup>th</sup> period
10:15-10:45	Lunch A
10:50-11:35	3 <sup>rd</sup> /7 <sup>th</sup> period
10:15-11:00	3 <sup>rd</sup> /7 <sup>th</sup> period
11:05-11:35	Lunch C
11:40-12:30	4 <sup>th</sup> /8 <sup>th</sup> period
12:35-1:30	9 <sup>th</sup> /10 <sup>th</sup> period

# The Daily Bulletin

Friday, October 26, 2018

Green Day



Weekly Bell Schedule 10/22-10/26	
Monday	Green
Tuesday	White
Wednesday	Green-Advisory
Thursday	White
Friday	Green-Early Dismissal/Assembly

## News Updates

### **\*NEW SAFETY ATTENDANCE PROTOCOL\***

Starting **OCTOBER 29<sup>th</sup>**, Parents will need to **physically** come in for their students to pull them out of school. We will not be taking phone calls or e-mails to release students during school hours. The attendance office will be verifying parent with their ID. Any adult on the students profile can pick up students as long as they have ID to verify who they are. This is for the safety of our students and staff.

### **Girls Basketball**

Any Girls' interest in basketball, there will be a preseason meeting on Thursday, 11/01, at 2:45 in NM201! GO BULLDOGS!



### **Winter Sports**

If you plan on participating in a Winter sport, you must have **all paperwork and sports fees paid by Nov. 7<sup>th</sup>**! If you need to check on your sports physical and/or your paperwork please come see Mrs. Stahlecker in the Athletic Office.

**DON'T WAIT UNTIL THE LAST MINUTE!** Check on your status of your eligibility now!

### **SAT/ACT Registration**

Seniors: Need help registering for SAT/ACT, stop by the College and Career Center on Monday during all three lunches.

### Important Phone Numbers for the High School

Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157

Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192

ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143

## **Pizza with a Professional**

Pizza with a Professional is starting again! We have four guest speakers scheduled and more signing up every day! Visit the College and Career Center website to view the schedule or stop by to learn more.



## **United States Air Force**

The United States Air Force Academy will be visiting the College and Career Center on Friday, November 9<sup>th</sup> at 11:00 am. Students interested should sign up in the College and Career Center.



## **SENIOR PICTURES**

Senior Portraits are due by October 26<sup>th</sup>. Please follow this link to submit your photo. <https://bit.ly/2ItQCAG> .

Physical copies and e-mails will not be accepted.

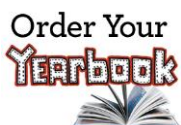
## **Free Senior Portraits**

Free senior portraits are available October 29- November 2<sup>nd</sup> during all 3 lunches. Come dressed up and have your location on campus picked out, first come first serve.

## **Senior Baby Ads**

The price of Senior Baby Ads will be increasing on November 15<sup>th</sup>. See the high school website for details on pricing.

## **Year Book**



As of 10/31/18, the price of yearbooks will now be \$65. You can pay for them in the ASB office.

## 2018 MVHS Homecoming "Under the Sea"

Homecoming is October 27<sup>th</sup> from 8-11pm in the MVHS Cafeteria. Tickets will be \$10/ticket or 2 for \$15. They go on sale 10/17 at lunch in the cafeteria or in the ASB office.

Monday 10/22 Dress up: Lazy Day

Evening Activity: Powderpuff Football 6pm MVHS Football Field: For Junior and Senior female students. Permission form must be filled out and turned in to participate

Tuesday 10/23 Dress up: College Apparel Day

Evening Activity: Girls Volleyball Game: 7pm MVHS Gym. Come support our Volleyball team on Senior Night as they take on the Lake Stevens Vikings!

Wednesday 10/24 Dress up: Breast Cancer Awareness (All Pink!)

Evening Activity: Macho Volleyball-6pm MVHS Main Gym. Come support your class as our male students try to show their skills in a friendly tournament. Tournament begins with Game 1 of the Senior vs. Staff.

Thursday 10/25 Dress up: Denim on Denim

Evening Activity: Movie Night 6:30pm Main Gym. Hosted by Drops of Change in the Main Gym playing Hocus Pocus. \$5 per ticket to attend with all proceeds going to help support "the Thirst Project" which is working to end the worldwide water crisis.

-Girls Soccer Game: 7 pm Bulldog Stadium. Come out and support your Girls Soccer team as they take on Kamiak in their final home game of the year!

Friday 10/26 Dress up: Bulldog Spirit!!!

Evening Activity: MVHS vs Glacier Peak football game 7pm. Come watch your Bulldogs take on the Grizzlies in their Senior Night and Homecoming Football game. Royalty will be recognized at Halftime!

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**Attendance:** 428-6153 **Fax:** 428-6201 **Athletic Office:** 428-6191 **Fax:** 428-6192

**ASB:** 428-6174 **Fax:** 428-6192 **CTE:** Fax 428-6143



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1	2	3	4	5	6
	<b>Sweet and Sour Chicken</b> Brown Rice Broccoli Salad & Fruit Bar Nonfat & 1% Milk	<b>Buffalo Chicken Bites</b> Fries Salad & Fruit Bar Nonfat & 1% Milk	<b>Cheesy Ham and Potato Soup</b> Roll Salad & Fruit Bar Nonfat & 1% Milk <b>Taste WA Day</b>	<b>Burrito</b> Seasoned Pinto Beans/Rice Salad & Fruit Bar Nonfat & 1% Milk	<b>Meatball Subs</b> Chips Salad & Fruit Bar <b>Nonfat Chocolate Milk</b>	
7	8	9	10	11	12	13
	<b>Teriyaki Dippers</b> Brown Rice Broccoli Salad & Fruit Bar Nonfat & 1% Milk	<b>Spicy Chicken Burger w/ cheese</b> Seasoned Fries Salad & Fruit Bar Nonfat & 1% Milk	<b>Chicken Alfredo</b> With Spinach Garlic Bread Salad & Fruit Bar Nonfat & 1% Milk	<b>Mini Pizzas</b> Caesar Salad Salad & Fruit Bar Nonfat & 1% Milk	<b>Enchiladas/Sour Cream Cup</b> w/ Pico De Gallo Salad & Fruit Bar <b>Nonfat Chocolate Milk</b>	
14	15	16	17	18	19	20
	<b>Cheese Stuffed Breadsticks</b> Marinara Sauce Caesar Salad Salad & Fruit Bar Nonfat & 1% Milk	<b>Mashed Potato Bowl</b> w/ Popcorn Chicken/ Gravy/Corn Salad & Fruit Bar Nonfat & 1% Milk	<b>Beef and Barley Stew</b> Oyster Crackers Salad & Fruit Bar Nonfat & 1% Milk	<b>Hot Ham and Cheese Sliders</b> BBQ Lays Chips Salad & Fruit Bar Nonfat & 1% Milk	<b>Lasagna Roll Ups</b> Green Beans/Bread Sticks Salad & Fruit Bar <b>Nonfat Chocolate Milk</b>	
21	22	23	24	25	26	27
	<b>Mandarin Orange Chicken</b> Steamed Brown rice/broccoli Nonfat & 1% Milk	<b>Buffalo Chicken Bites</b> French Fries Salad & Fruit Bar Nonfat & 1% Milk	<b>Grilled Cheese</b> Tomato Soup Goldfish Crackers Salad & Fruit Bar Nonfat & 1% Milk	<b>Teriyaki Burger</b> w/ pineapple ring Seasoned Fries Salad & Fruit Bar Nonfat & 1% Milk	<b>Breakfast for Lunch</b> Omelets, Sausage Links Biscuits and Gravy Nonfat & 1% Milk	
28	29	30	31	1	2	3
	<b>Teriyaki Chicken</b> Steamed brown rice Diced Pears/Broccoli Salad & Fruit Bar Nonfat & 1% Milk	<b>Buffalo Chicken Pizza</b> Caesar Salad Salad & Fruit Bar <b>Nonfat Chocolate Milk</b>	<b>Ooey-Goey Beefy Mac</b> Garlic Bread Frosted Halloween Cookie Salad & Fruit Bar Nonfat & 1% Milk	<b>Homemade Macaroni and Cheese</b> Steamed Peas/Roll Salad & Fruit Bar Nonfat & 1% Milk	<b>Variety Pizza</b> Caesar Salad Salad & Fruit Bar <b>Nonfat Chocolate Milk</b>	