

Three Hour AM Testing Block	
8:00 – 10:55	SBA/CP
11:00 – 11:40	1 st /5 th Period
11:45 – 12:15	Lunch A
12:20 – 1:00	2 nd /6 th Period
11:45 – 12:25	2 nd /6 th Period
12:30 – 1:00	Lunch C
1:05 – 1:45	3 rd /7 th Period
1:50 – 2:30	4 th /8 th Period
2:35 – 4:00	9 th /10 th Period

The Daily Bulletin

Thursday, May 2, 2019
White Day



Weekly Bell Schedule 4/29-5/3	
Monday	Green Testing
Tuesday	White Testing
Wednesday	Green Testing
Thursday	White Testing
Friday	Green

News Updates

Summer Work Opportunity

Mount Vernon School District is hiring multiple positions for 16 year old current students or graduates from MVHS to help in our Facilities Department moving school furniture, equipment and supplies this summer. Completed application packets need to be return to the District Office no later than Friday, May 10. More information can be found in the career center.

Free Workout this Summer

Teens ages 15-18 years-old can work out totally free this summer from May 15th to September 1st. Visit Planet Fitness to sign up, Under 18 must sign up in Club with a Parent/Guardian. You have an opportunity to win a \$5,000 sholarship!

Important Phone Numbers for the High School

Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157
Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192
ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143



MAY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	4
	Mandarin Orange Chicken with Brown Rice Broccoli Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Grilled Cheese Sandwich Tomato Soup Goldfish Crackers Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Popcorn Chicken Seasoned Fries Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Mini Burgers Chips Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Variety Pizza Caesar Side Salad Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	
5	6	7	8	9	10	11
	Sweet and Sour Chicken Brown Rice/Broccoli Mixed Fruit Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Hot Ham & Cheese Sandwiches Sun chips Melons Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Cheese Stuffed Breadsticks/ Marinara Elf Grahams Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Cooks Choice Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Buffalo Pizza Caesar Side Salad Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	
12	13	14	15	16	17	18
	Teriyaki Dippers With Brown Rice/Broccoli Diced Pears Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Spicy Chicken Burgers French Fries Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Spaghetti w/Meat sauce Garlic Bread Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Buffalo Chicken Bites Seasoned Fries Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	French Bread Pizza Caesar Side Salad Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	
19	20	21	22	23	24	25
	Mandarin Orange Chicken/Broccoli Brown rice/Broccoli Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Teriyaki Beef Burgers Seasoned Fries Melons Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Breakfast for Lunch Omelet/Hash Brown Patty Sausage Links Apple sauce Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Chicken Alfredo Breadsticks Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Variety Pizza Caesar Side Salad Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	
26	27	28	29	30	31	1
	No School!	Chicken Strips Seasoned Fries Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Chicken Bacon Ranch Burger Chips Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	Cook's Choice Day Treat Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	French Bread Pizza Caesar Side Salad Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	