

Early Dismissal	
8:00-8:55	1 <sup>st</sup> /5 <sup>th</sup> period
9:00-9:55	2 <sup>nd</sup> /6 <sup>th</sup> period
10:00-10:30	Lunch A
10:35 -11:30	3 <sup>rd</sup> /7 <sup>th</sup> period
10:00-10:55	3 <sup>rd</sup> /7 <sup>th</sup> period
11:00-11:30	Lunch B
11:35-12:30	4 <sup>th</sup> /8 <sup>th</sup> period
12:35-1:30	9 <sup>th</sup> /10 <sup>th</sup> period

# The Daily Bulletin

Friday, May 17, 2019

Green Day



Weekly Bell Schedule 5/13-5/17	
Monday	Green
Tuesday	White
Wednesday	Green- Advisory
Thursday	White
Friday	Green Early Release

## News Updates

### Sports Physicals 2019

MVHS will be hosting Sports Physicals this year in the Main Gym on June 11<sup>th</sup> from 5:30-7:00pm. You can make checks payable to MVHS for \$20.

### Volunteer Opportunity

Any student wanting volunteer hours, here is a job for you! We need YOUR help cleaning up after Graduation on June 7<sup>th</sup> in the Gym from 8:30pm-10pm taking down décor, stacking chairs and removing the stage. Please sign up in the main office at the reception desk!

### Senior Football Scholarship

Seniors that played football; the David Collart Memorial Scholarship is available to pick up from the Career Center. It is due by 5/23 at 3pm.

### Financial Aid Help

Wednesday, the 22<sup>nd</sup>, Skagit Valley College will be in the College and Career Center during both lunches to assist seniors with applications and financial aid.

Students interest in learning more about career options after high school can stop by the College and Career Center during lunches on Wednesday, the 22<sup>nd</sup>. Now's the time to think about your future!

### Important Phone Numbers for the High School

Main Office: 428-6100 Fax: 428-6152 Counseling Office: 428-6156 Fax: 428-6157  
Attendance: 428-6153 Fax: 428-6201 Athletic Office: 428-6191 Fax 428-6192  
ASB: 428-6174 Fax: 428-6192 CTE: Fax 428-6143



# MAY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	4
	<b>Mandarin Orange Chicken</b> with Brown Rice Broccoli Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Grilled Cheese Sandwich</b> Tomato Soup Goldfish Crackers Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Popcorn Chicken</b> Seasoned Fries Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Mini Burgers</b> Chips Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Variety Pizza</b> Caesar Side Salad Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	
5	6	7	8	9	10	11
	<b>Sweet and Sour Chicken</b> Brown Rice/Broccoli Mixed Fruit Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Hot Ham &amp; Cheese Sandwiches</b> Sun chips Melons Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Cheese Stuffed Breadsticks/ Marinara</b> Elf Grahams Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Cooks Choice</b> Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Buffalo Pizza</b> Caesar Side Salad Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	
12	13	14	15	16	17	18
	<b>Teriyaki Dippers</b> With Brown Rice/Broccoli Diced Pears Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Spicy Chicken Burgers</b> French Fries Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Spaghetti w/Meat sauce</b> Garlic Bread Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Buffalo Chicken Bites</b> Seasoned Fries Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>French Bread Pizza</b> Caesar Side Salad Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	
19	20	21	22	23	24	25
	<b>Mandarin Orange Chicken/Broccoli</b> Brown rice/Broccoli Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Teriyaki Beef Burgers</b> Seasoned Fries Melons Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Breakfast for Lunch</b> Omelet/Hash Brown Patty Sausage Links Apple sauce Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Chicken Alfredo</b> Breadsticks Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Variety Pizza</b> Caesar Side Salad Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	
26	27	28	29	30	31	1
	<b>No School!</b>	<b>Chicken Strips</b> Seasoned Fries Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Chicken Bacon Ranch Burger</b> Chips Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>Cook's Choice Day</b> Treat Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	<b>French Bread Pizza</b> Caesar Side Salad Salad & Fruit Bar Nonfat & 1% Milk Nonfat Chocolate Milk	