Green/White Schedule8:00 – 9:251st/5th Period		The Daily Bulletin	Weekly Bell Schedule	
9:30 – 10:55	2 nd /6 th Period		January 13-17	
11:00 – 11:30 11:35 – 1:00	Lunch A 3 rd /7 th Period	Monday, January 13th	Monday	White
11:00 – 11:45	3 rd /7 th Period		Tuesday	Green
11:50 - 12:20	Lunch B	White Day	~	
12:25 - 1:00	3 rd /7 th Period	Solar Contraction	Wednesday	White Advisory
11:00 – 12:25 12:30 – 1:00	3 rd /7 th Period Lunch C		Thursday	Green
1:05 – 2:30	4 th /8 th Period		Eridou	White
2:35 – 4:00	9 th /10 th Period	Ver	Friday	Extended Advisory

NEWS UPDATES

Finals Study Session

Bulldog EDGE will be hosting study sessions for finals on Tuesday, January 21st from 2:30-6:30pm in the MVHS Library. We will have tutors & teachers available for help and snacks/drinks for refueling. All students are welcome to attend!

All students are welcome to attend workouts

on Mondays, Wednesday's, and Thursdays before school from 6:45-7:45am or after school from 2:45-3:45pm.

-----SENIORS------

Baby ads appearing in this year's Skagina

must be submitted and paid for by Friday, February 1st. No extensions will be available. Don't wait until the last minute.

MVHS Graduation Ceremony

will be held Friday, June 5th, 2020 at Angel of the Winds Arena in Everett. Overwhelmingly, our students and families have indicated this choice as their preference which was gathered from family and student surveys recently sent out by the Superintendent's office.

The Washington State Opportunity Scholarship is now open!

This is an amazing scholarship opportunity worth \$22,500. The College and Career Center will be hosting a scholarship workshop on Tuesday's, January 14th & 21st during both lunches! Lunch will be provided. See you there!

It's time for the 2020 Science Night T shirt contest!

YOU could design the 2020 Science Night T shirt! All you have to do is submit your entries by Feb 14 @ 2:30pm. Get the rules, an entry form & see examples of past winners on your advisory google classroom or from any teacher! Turn your entry in to Ms. Farren. There is a giant envelope on her office door in nm300, or put entries in her mailbox.

Cheerleading Tryouts

for the 2020-2021 team are coming up! Make sure you are doing well in classes, stretching and jumping to prepare. Tryouts are open to all students that are current 9th-11th graders. Applications will be released in mid-January. Tryouts are March 2, 3, 4, & 5. Email Coach Whitman with questions- <u>kwhitman@mvsd320.org</u>

The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Director of Special and Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.





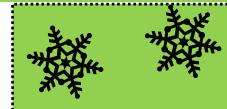
Special Growing Healthy Students!

V						
Monday	Tuesday	Wednesday	Thursday	Friday		
6-Jan	7-Jan	8-Jan	9-Jan	10-Jan		
Beef Dippers	Buffalo Bites	Meatball Sub	Spicy Chicken Burger	French Bread Pizza		
Steamed Rice/Broccoli	Seasoned Potato Wedges	Chips	Seasoned Fries	Caesar Side Salad/Mini Rice Krispie		
Fortune Cookie	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar		
Salad & Fruit Bar	Nonfat & 1% Milk	Nonfat & 1% Milk	Nonfat & 1% Milk	Nonfat Chocolate Milk		
Nonfat & 1% Milk	Nonfat Chocolate Milk	Nonfat Chocolate Milk	Nonfat Chocolate Milk			
Nonfat Chocolate Milk						
13-Jan	14-Jan	15-Jan	16-Jan	17-Jan		
General Tso Chicken	Teriyaki Burger	White Chicken Chili	Popcorn Chicken	Variety Pizza		
Steamed Rice	Seasoned Potato Wedges	Tortilla Chips	Seasoned Fries	Caesar Side Salad/ MiniRice Krispie		
Egg Roll	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar		
Fortune Cookie	Nonfat & 1% Milk	Nonfat & 1% Milk	Nonfat & 1% Milk	Nonfat Chocolate Milk		
Salad & Fruit Bar	Nonfat Chocolate Milk	Nonfat Chocolate Milk	Nonfat Chocolate Milk	****		
Nonfat & 1% Milk		*~~		***		
Nonfat Chocolate Milk		***				
20-Jan	21-Jan	22-Jan	23-Jan	24-Jan		
NO SCHOOL!	Breakfast for Lunch	Chicken Bacon Ranch Burgers	Crispitos	Buffalo Chicken Pizza		
Martin Luther King Jr. Day	Mini Pancakes & Sausage Links	Seasoned Fries	Flamas	Caesar Side Salad		
	Sakuma Strawberries w/ whip	Salad & Fruit Bar	Sour Cream/Salsa	Mini Rice Krispie		
	Salad & Fruit Bar	Nonfat & 1% Milk	Nonfat & 1% Milk	Salad & Fruit Bar		
	Nonfat & 1% Milk	Nonfat Chocolate Milk	Nonfat Chocolate Milk	Nonfat & 1% Milk		
***	Nonfat Chocolate Milk			Nonfat Chocolate Milk		
27-Jan	28-Jan	29-Jan	30-Jan	31-Jan		
	Cheese Stuffed Breadsticks	Mandarin Orange Chicken	Buffalo Bites	Pepperoni Pizza		
No School!	Marinera Dipping Sauce	Steamed Rice/Broccoli	Seasoned Fries	Caesar Side Salad/Mini Rice Krispie		
¥6	Caesar Salad	Fortune Cookie	XXX4 .	Salad & Fruit Bar		
******	Salad & Fruit Bar	Salad & Fruit Bar	Salad & Fruit Bar	Nonfat Chocolate Milk		
***	Nonfat & 1% Milk	Nonfat & 1% Milk	Nonfat & 1% Milk	×		
	Nonfat Chocolate Milk	Nonfat Chocolate Milk	Nonfat Chocolate Milk			
•.				. 📬 // 🔛 🏉		

Each lunch comes complete with						
soled her or fresh vegetable sheize of fresh fruit and milly						

salad bar or fresh vegetable, choice of fresh fruit, and milk!





This institution is an equal opportunity provider and employer. Menu subject to change without notice. Questions? Call David Connors, Food Services Director, at (360) 428-6149.