



MVHS DAILY BULLETIN

Friday, September 3rd, 2021 • Today's Schedule is Green Day

MVHS Main Campus Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-9:25	1st	5th	1st	5th	1st
9:30-10:55	2nd	6th	2nd	6th	2nd
11:00-11:30	Lunch A	Lunch A	Lunch A	Lunch A	Lunch A
11:35-1:00	3rd	7th	3rd	7th	3rd
11:00-11:45	3rd	7th	3rd	7th	3rd
11:50-12:20	Lunch B	Lunch B	Lunch B	Lunch B	Lunch B
12:25-1:00	3rd	7th	3rd	7th	3rd
11:00-12:25	3rd	7th	3rd	7th	3rd
12:30-1:00	Lunch C	Lunch C	Lunch C	Lunch C	Lunch C
1:05-2:30	4th	8th	4th	8th	4th
2:35-4:00	5th	9th	5th	9th	5th

MVHS South (Lincoln) Campus Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:50-9:15	1st	5th	1st	5th	1st
9:20-10:45	2nd	6th	2nd	6th	2nd
10:50-11:20	Lunch A	Lunch A	Lunch A	Lunch A	Lunch A
11:25-12:50	3rd	7th	3rd	7th	3rd
10:50-11:35	3rd	7th	3rd	7th	3rd
11:30-12:00	Lunch B	Lunch B	Lunch B	Lunch B	Lunch B
12:05-12:50	3rd	7th	3rd	7th	3rd
10:50-12:15	3rd	7th	3rd	7th	3rd
12:20-12:50	Lunch C	Lunch C	Lunch C	Lunch C	Lunch C
12:55-2:20	4th	8th	4th	8th	4th
2:35-4:00	5th	9th	5th	9th	5th

Multilingual Office is looking for reliable TA'S

for 1st, 2nd, 4th, 6th and 8th period. Please stop by Admin 114 and see Mrs. Gonzalez for more information

MVHS Parking News

A parking permit is needed to park anywhere on the MVHS campus. Parking permits can be purchased in the ASB office. Parking on campus without a valid parking permit is a 20\$ fine and can result in your vehicle being towed from campus at your expense. If you have any questions, please contact the security office at MVHS

Yearbooks on sale now at the ASB office

\$65 for full pay students
\$55 for F/R Lunch students

Don't Forget the Tailgate BBQ Tonight!

All MVHS Students & Staff, bring your ASB/Staff ID for free fun and food from 4-6pm in the MVHS Parking Lot

Important Dates:

Picture Make-Up Day: Friday, September 10, 2021

PSAT/SAT/ASVAB: Wednesday, October 13th

Picture Retakes: Thursday, October 21, 2021

Senior Portraits Due: Friday, October 29, 2021

[Click here to Upload your photo](#)

MVHS Club News

The National Honor Society will be meeting Thursday, September 9th at 7:15am in the gym. Welcome back and see you there!

Grade/Grad Year	Your Google Classroom Code
Freshman 2025	
Sophomore 2024	jfcnczg
Junior 2023	scayne3
Senior 2022	zt2hgkt

Remember to bring your fully charged Chromebook to school each day!

**HSSV 2021
DOG GONE
VIRTUAL
WALK-A-THON**
SATURDAY, SEPTEMBER 18TH, 2021

**GREAT PRIZES,
GREAT CAUSE!**

HEROES LIVE FOREVER
In Memory of
Deputy Anne Jackson

**SAFE FAMILY
FUN TO
SUPPORT HSSV!**

**10 AM - SEPTEMBER 18TH
WALK IN YOUR NEIGHBORHOOD!
WALK IN YOUR YARD!
WALK ON A TREADMILL!
WALK IN CIRCLES IN YOUR LIVING ROOM!
JUST WALK TO SHOW YOUR SUPPORT FOR
ANIMALS IN NEED!**

**COLLECT PLEDGES TO WIN
FABULOUS PRIZES!**

**INDIVIDUAL REGISTRATION - \$25
FAMILY REGISTRATION - \$50**

**COME JOIN US!
REGISTER OR GET MORE DETAILS AT:
WWW.SKAGITHUMANE.ORG/2021WALK**

**Swinomish
CASINO & LODGE**

Thanks to Swinomish
Casino & Lodge for their
support of this event!

**Humane Society
SKAGIT VALLEY**

**ENJOY YOUR 3 DAY WEEKEND
SEE YOU ON
TUESDAY, SEPTEMBER 7TH!**

Three new things for the Cafeteria

- Student lunches are free.
- There will be no Ala Carte sales.
- Only one meal per student.

We have two honeybee hives on our main campus.

They are located on the third floor balcony and will be visible every day. There will be some honey just outside the window during the first few days of school so that you can get a good view behind glass. Mr. Engman will take any of you out to open a hive every Thursday after school. Please visit first to pick up a permission slip. Our honeybees do not cause any problems on campus, but you must let our school nurse know if you have a life-threatening allergy. If you have any questions, contact Mr. Engman in New Main 304

FREE BACK TO SCHOOL

TAILGATE BBQ

September 3 | 4-6 PM
North Parking Lot (next to gym)
MVHS Students & Staff
Must show ASB Card/ID Badge

HOSTED BY
@MOUNTVERNONFFA

NONDISCRIMINATION

The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.



High School

Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Welcome Back to School!</p>		<p>1-Sep Corn Dogs Tater Tots Fresh Fruit/ Veggies 1% White Milk or Chocolate</p>	<p>2-Sep Chicken Strips Fries Fresh Fruit/ Veggies 1% White Milk or Chocolate</p>	<p>3-Sep Pizza (Variety of Choices) Caesar Salad Mini Rice Krispie Treat 1% White milk or Chocolate</p>
<p>6-Sep Labor Day! No School. No Food Service.</p>	<p>7-Sep Cheese Stuffed Breadsticks Marinara Sauce Fresh Fruit Side Salad 1% White Milk or Chocolate Milk</p>	<p>8-Sep Mandarine Orange Chicken Rice/ Broccoli Fresh Fruit Fortune Cookie 1% White Milk or Chocolate Milk</p>	<p>9-Sep Popcorn chicken Tater Tots Fresh Fruit Veggies 1% White Milk or Chocolate Milk</p>	<p>10-Sep Pizza (Variety of choices) Caesar Salad Mini Rice Krispie Treat 1% White Milk or Chocolate Milk</p>
<p>13-Sep Corn Dog Tater Tots Red Grapes Veggies 1% White Milk or Chocolate Milk</p>	<p>14-Sep Bacon Ranch Chicken Burger French Fries Fresh Fruit Veggies 1% White Milk or Chocolate Milk</p>	<p>15-Sep Pasta Bake Texas Toast Fresh Fruit Veggies 1% White Milk or Chocolate Milk</p>	<p>16-Sep Tamale Hot Sauce Jicama & Lime Fresh Fruit 1% White Milk or Chocolate Milk</p>	<p>17-Sep Pizza (Variety of Choices) Caesar Salad Mini Rice Krispie Treat 1% White Milk or Chocolate Milk</p>
<p>20-Sep Super Pretzel w/ Cheese Sauce for dipping Caesar Salad Fresh Fruit & Veggies 1% White Milk or Chocolate Milk</p>	<p>21-Sep Popcorn Chicken Tater Tots Fresh Fruit Veggies 1% White Milk or Chocolate Milk</p>	<p>22-Sep Teriyaki Beef Dippers Rice & Broccoli Fresh Fruit Fortune Cookie 1% White Milk or Chocolate Milk</p>	<p>23-Sep Nacho Bites Flama Chips/Salsa Fresh Fruit Veggies 1% White Milk or Chocolate Milk</p>	<p>24-Sep Pizza (Variety of Choices) Caesar Salad Mini Rice Krispie Treat 1% White Milk or Chocolate Milk</p>
<p>27-Sep Cheese Stuffed Breadsticks Marinara Sauce Side Salad Fruit 1% White Milk or Chocolate Milk</p>	<p>28-Sep Breakfast For Lunch Pancaes Omelette Sausage Link/Fruit 1% White Milk or Chocolate Milk</p>	<p>29-Sep Egg Rolls Rice & Broccoli Fresh Fruit Fortune Cookie 1% White Milk or Chocolate Milk</p>	<p>30-Sep Burrito/Garden Salsa Chips W/ Hot Sauce Fresh Fruit Veggies 1% White Milk or Chocolate Milk</p>	<p>1-Oct Pizza (Variety of Choices) Caesar Salad Mini Rice Krispie Treat 1% White Milk or Chocolate Milk</p>

This institution is an equal opportunity provider and employer. Menu subject to change without notice.

Questions? Call David Connors, Food Services Director, at (360) 428-6149.

Each lunch comes complete with solid bar or fresh vegetable, choice of fresh fruit, and milk



Meal Prices:

Student Lunch	Free
Adult Lunch	\$4.00
Side Milk	\$0.50

Important News:

Mount Vernon School District recently changed our food program with the government due to our high level of poverty / free and reduced eligible students.

The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.