



# MVHS DAILY BULLETIN

Wednesday, December 7, 2022

| This Week's Schedule |                                    |
|----------------------|------------------------------------|
| Monday               | White Day - Regular Schedule       |
| Tuesday              | Green Day - Advisory Schedule      |
| Wednesday            | White Day - Early Release Schedule |
| Thursday             | Green Day - Regular Schedule       |
| Friday               | White Day - PM Assembly Schedule   |

| Today's Bell Schedule |               |
|-----------------------|---------------|
| Time:                 | Class Period: |
| 8:00-9:15             | 1st/5th       |
| 9:20-9:50             | Advisory      |
| 9:55-11:10            | 2nd/6th       |
| 11:15-11:45           | Lunch A       |
| 11:50-1:10            | 3rd/7th       |
| 11:15-11:50           | 3rd/7th       |
| 11:55-12:25           | Lunch B       |
| 12:30-1:10            | 3rd/7th       |
| 11:15-12:35           | 3rd/7th       |
| 12:40-1:10            | Lunch C       |
| 1:15-2:30             | 4th/8th       |

## IMPORTANT DATES

- December Early Release Days: Dec. 7 & 14
- Winter Break: Dec. 21, 2022 - Jan. 2, 2023
- Second Semester Starts: January, 31, 2023

## THIS WEEKS ACTIVITIES & EVENTS

### Wednesday, December 7:

- ▶ Early Release, 12:30pm
- ▶ V Girls Bowling, at Blaine HS, 3:15pm, Mt. Baker Lanes
- ▶ C Girls Basketball vs Seahome HS, 5:40, MVHS
- ▶ JV Girls Basketball vs MBHS, 5:40pm, MVHS

### Friday, December 9:

- ▶ Pizza w/a Pro, lunches, room NM204
- ▶ MVHS Club/Sports Recognition Assembly, 2pm, Gym

## Are you interested in Engineering?

Then come and join us for Pizza with a Pro with Jose Tapia who's an Engineer System Architecture for T-Mobile. This Friday During All Lunches. in NM 104

## MVHS Holiday Spirit Week Starts Monday, December 12

Monday, Dec 12 – Heat Wave vs. Cold Front

Tuesdays, Dec 13 – Mismatch Day

Wednesday, Dec 14 – Dynamic Duo Day

Thursday, Dec 15 – Winter White Out

Friday, Dec 16 – Bulldog Spirit Day

Monday, Dec 19 – Sunday Best Day

Tuesday, Dec 20 – Ugly Sweater Day

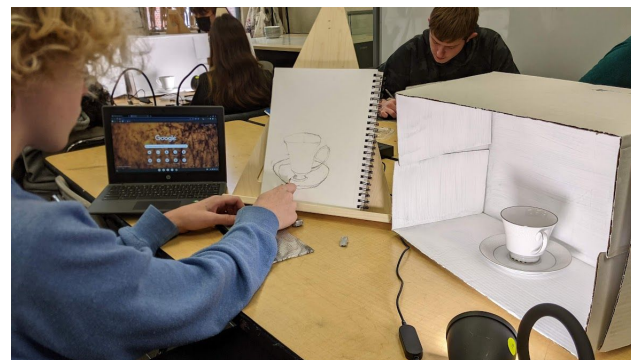
## Robotics season starts the 7th of January!

Come participate on our award winning team! No experience necessary, we will teach you what you need to know. Questions /more information contact Mrs. Slater at [m Slater@mvsd320.org](mailto:m Slater@mvsd320.org)

## Coffee Cup Observations

Just one of the many things MVHS art students are working on. Click here to see more.

[MVHS Art](#)



## Senior Corner

**It's scholarship time!** The College and Career Center provides a Step by Step Guide for applying to scholarships. Visit our website to learn more. [C&CC](#)

**Final day to order your Senior Ad** is 2-1-2023. The price will is \$60 for 1/4 page ad and \$120 for 1/2 page ad. [Click here to design your ad.](#)

**College Application Deadlines** - [Click Here](#)

**Graduation:** June 9, 2023, held at Angel of the Winds Arena, Everett, WA 7pm

## AFTER SCHOOL OPPORTUNITIES:

**Bulldog E.D.G.E.** - Homework help, M-F, 2:30-4pm,  
Early Release, 12:30-2:45pm MVHS Library

**Boys & Girls Club** -Activities/Games, M-F, 2:30-5pm,  
MVHS Cafeteria, sign up at [skagitclubs.org](http://skagitclubs.org)

**Late Bus** - M-R, 4pm pick up, E.R.days 3pm, cafeteria

## MVHS CLUBS

**ART Club** - meets Tues/Thurs, 2:30-4, AG1

**AVID Club** - every other Monday, CTE-1, 2:40

**FBLA** - Mondays , 2:35PM, CTE9

**FCCLA**- meets Mondays, 2:45 pm, NM321

**FFA** - Mondays, 2:40pm, in CTE2

**Debate Team** - Mon/Tue, 3-5pm, Admin 114

**Gaming Club** - White Thursdays, 2:30-4pm, N120

**Key Club** - Weds,Early Release, 2:45pm, N206

**LUCHA Club**- Thursday's at 2:30 in NM223

**Outdoor Leadership** -Frid's,2:40pm,Friendship Cir

**Pacific Islander Assoc.**-Thurs, 2:45pm, OM108

**Pride Club** - Mondays, 2:45pm, OM308

**Robotics Team**- Tues/Fri, 3:30- 6:30 in CTE 10.

**TSA** - meets Thursdays, 2:45pm, CTE 6

## IMPORTANT NUMBERS:

**Athletic Office: 360-428-6191**

Sports Schedules and Event Information

**Attendance Office: 360-428-6153**

Report Student Absence or Tardy

**College & Career Center: 360-428-6256**

**Counseling Office: 360-428-6156**

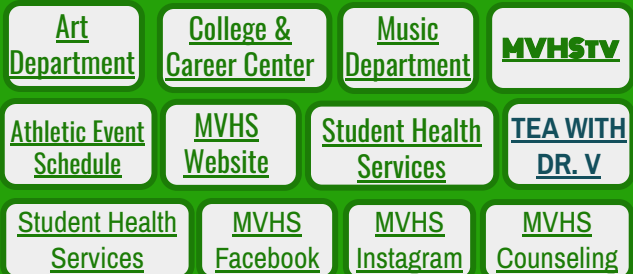
Registration, Schedules,Transcripts, Running Start

**MVSD Student Health Services, 360-428-6151**

**Transportation: 360-428-6147**

Bus and Schedule Information

## USEFUL LINKS



## Science Night is BACK for 2023!

Do you looooooove Science Night? Do you want to help make it happen? You can sign up for the Science Night Fans & Volunteers Google Classroom! You will get Science Night updates and be the first to hear about volunteer opportunities! Students AND Staff can join our Science Night Google Classroom! Join Code: mgnpxvs Science Night is 4/20/23

## Senior Parents

The College and Career Center has a video and presentation available to answer questions about the college application process and more. Visit the [MVHS College and Career Center website](#). Parents to watch the video and review the presentation. Ms. Zimmer is available via email at [pzimmer@mvsd320.org](mailto:pzimmer@mvsd320.org) or by phone at 360.428.6256.

## Questions About Transcripts, Running Start, Registration, NCTA, and More?

The MVHS Counseling Department provides students and families resources to help navigate high school and beyond. School counselors can assist you with academics, college and career readiness and personal/social concerns and support. Contact the counseling office at 360-428-6156 or check out their website [MVHS Counseling Department](#)

## Your School Photos Are Ready!

JostensPIX was recently at your school to photograph picture day, and your student's photos are now available for viewing and ordering! Click on the link below to get started. [VIEW AND ORDER PHOTOS HERE](#) Photos not appearing in your gallery? Find your student using event code: FE217522

*If you would like to receive the*

**MVHS DAILY BULLETIN**

*please click the  
button to subscribe:*

[MVHS DAILY  
BULLETIN  
Subscription](#)

## NONDISCRIMINATION

The Mount Vernon School District does not discriminate in employment, programs, or activities on the basis of age, race, color, national origin, creed, religion, sex, sexual orientation, gender expression, gender identity, honorably discharged veteran or military status, or the presence of any sensory, mental or physical disability or use of a trained guide dog or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the District's Title IX/Civil Rights Compliance Coordinator, Bill Nutting, Assistant Superintendent, 124 E. Lawrence Street, Mount Vernon, WA 98273 (360)428-6110; Section 504/ADA Coordinator, Clint Carlton, Executive Director/Student Support Services, 920 S. Second Street, Mount Vernon, WA 98273, (360)428-6141.

## MISTAKES & ERRORS

The author of this bulletin is human, so please do not be surprised if there are occasional errors. Thank you.



# DECEMBER 2022

## Mount Vernon High School Special

Growing Healthy Students!



| MONDAY                                 | TUESDAY                                    | WEDNESDAY                          | THURSDAY                           | FRIDAY                             |
|--|--|------------------------------------|------------------------------------|------------------------------------|
| <b>5-DEC</b>                           | <b>6-DEC</b>                               | <b>7-DEC</b>                       | <b>8-DEC</b>                       | <b>9-DEC</b>                       |
| PEPERONI CALZONES<br>MARINARA SAUCE    | CHICKEN STRIPS                             | MANDARIN ORANGE<br>CHICKEN         | PASTA BAKE                         | CHICKEN BACON RANCH<br>BURGER      |
| TREAT                                  | DORITOS                                    | STEAMED RICE & VEGGIES             | ROLL                               |                                    |
| FRESH FRUIT<br>AND VEGETABLES          | FRESH FRUIT<br>SALAD BAR                   | FRESH FRUIT<br>SALAD BAR           | FRESH FRUIT<br>AND VEGETABLES      | FRESH FRUIT<br>AND VEGETABLES      |
| 1% WHITE MILK AND<br>CHOCOLATE MILK    | 1% WHITE MILK OR<br>CHOCOLATE MILK         | 1% WHITE MILK OR<br>CHOCOLATE MILK | 1% WHITE MILK OR<br>CHOCOLATE MILK | 1% WHITE MILK OR<br>CHOCOLATE MILK |
| <b>12-DEC</b>                          | <b>13-DEC</b>                              | <b>14-DEC</b>                      | <b>15-DEC</b>                      | <b>16-DEC</b>                      |
| MAX MOZZ BREADSTICKS<br>MARINARA SAUCE | BAKED POTATO BAR<br>CHEESE & SOUR CREAM    | CORNDOG                            | TURKEY GRAVY<br>MASHED POTATOES    | HOT HAM AND CHEESE<br>SANDWICH     |
| FRUIT ROLL UP                          | BUTTER                                     | TATER TOTS                         | GREEN BEANS                        | CHIPS                              |
| FRESH FRUIT<br>SALAD BAR               | CHILI AND BROCCOLI<br>FRUIT AND VEGETABLES | FRESH FRUIT<br>AND VEGETABLES      | ROLL<br>HOLIDAY CAKE               | FRESH FRUIT<br>AND VEGETABLES      |
| 1% WHITE MILK OR<br>CHOCOLATE MILK     | 1% WHITE MILK OR<br>CHOCOLATE MILK         | 1% WHITE MILK OR<br>CHOCOLATE MILK | 1% WHITE MILK OR<br>CHOCOLATE MILK | 1% WHITE MILK OR<br>CHOCOLATE MILK |
| <b>19-DEC</b>                          | <b>20-DEC</b>                              | <b>21-DEC</b>                      | <b>22-DEC</b>                      | <b>23-DEC</b>                      |
| CHICKEN STRIPS                         | COOK'S CHOICE                              |                                    |                                    |                                    |
| DORITOS                                | HOLIDAY TREAT                              |                                    |                                    |                                    |
| FRESH FRUIT<br>AND VEGETABLES          | FRESH FRUIT<br>AND VEGETABLES              | <b>WINTER BREAK - NO SCHOOL</b>    |                                    |                                    |
| 1% WHITE MILK OR<br>CHOCOLATE MILK     | 1% WHITE MILK OR<br>CHOCOLATE MILK         |                                    |                                    |                                    |
|  | <b>December 22, 2022 - January 2, 2023</b> |                                    |                                    |                                    |
|  | Back on January 3                          |                                    |                                    |                                    |

This institution is an equal opportunity provider and employer. Menu subject to change without notice.  
Questions? Call David Connors, Food Services Director, at (360) 428-6149.

### Meal Prices:

Elementary Breakfast & Lunch: No Charge

Adult Lunch & Salad Bar: \$5.00

Side Milk: \$0.75

**EACH LUNCH COMES COMPLETE WITH SALAD BAR OR  
FRESH VEGETABLE, CHOICE OF FRESH FRUIT, AND MILK**

