



MVHS DAILY BULLETIN

Tuesday, January 30, 2024

This Week's Schedule

Monday	No School
Tuesday	White Day - Advisory Schedule - Spring Semester Starts
Wednesday	Green Day - Regular Schedule
Thursday	White Day - Regular Schedule
Friday	Green Day - Assembly Schedule

MVHS Advisory Schedule

Time	Period
8:00-9:15	1st/5th
9:20-9:50	Advisory
9:55-11:10	2nd/6th
11:15-11:45	Lunch A
11:50-1:10	3rd/7th
11:15-12:35	3rd/7th
12:40-1:10	Lunch B
1:15-2:30	4th/8th

IMPORTANT DATES

No School-Non Student Day: Monday, Jan. 29
Second Semester Starts: Tuesday, Jan 30
Winter Assembly: February 2nd
Winter Formal: Feb 10, 7-10pm, MVHS cafeteria

UPCOMING ACTIVITIES & EVENTS

Tuesday, January 30
→Spring Semester Begins

Friday, February 4
→Winter Assembly

Daily
→Boys & Girls Club: 2:30-5:30pm, Cafet M-F
→Bulldog EDGE: M-R

SENIOR INFORMATION

Seniors, be sure to complete your [High School and Beyond Plan](#). All tasks, should say "COMPLETED" if any say "REQUIRED" you will still need to do those things

Are you interested in attending Western Washington University and still need to complete your application. Join us in the College and Career Center Monday, 2/5 during lunches to get assistance with your WWU Application! A WWU rep will be here to provide assistance with your application, essay and more.

Senior Recognition Ads:
can be purchased by 2/2/24 online.
Click here: [Yearbook Rec Ad Link](#)

Graduation Day: Friday, June 14th, 10AM,
Angel of the Winds Arena in Everett

ADD/DROP CLASS POLICY

Our goal is to keep disruptions to student schedules and teacher class lists to a minimum. If a course change is necessary during the first eight days (four class sessions) of the semester (**window closes on 2/8/24 @ 2:30 pm**) requests for the following reasons will be reviewed:

- Schedule is incomplete (missing a class)
- Student has already taken and passed a non-repeatable class
- Student does not meet prerequisite for the class
- Student needs course for graduation requirements
- Inappropriate skill level placement (e.g., incorrect math level)

NOTE: MVHS does not make teacher based schedule changes. To make a schedule change request for one of the reasons listed above, please scan/photo the QR code to receive a link to the Change Request Form.



Continue to follow your schedule as listed in Skyward. If counselors are able to make change requested you will receive an email within one school week. If you do not receive an email within - one school week that means your requested change was not possible.

NHS MEETING

Thursday, February 1st at 2:40pm in the auditorium.

MVHS WINTER FORMAL DANCE

Saturday, February 10, from 7-10pm in the MVHS Cafeteria. Tickets go on sale on **January 30th** in the ASB Office! Ticket prices: \$15 presale and \$20 at the door. Guest Forms are available in the Office from Ms. Dowhaniuk and are due on February 7th.

YEARBOOKS ON SALE

Yearbooks are on sale through Feb 20th. \$55 for Free/Reduced Lunch Students & \$65 for Full Pay Students. Purchase at the ASB office, via your Skyward, or by phone with a credit card at 360-428-6174.

ATHLETIC DEPT NEWS

MVHS Schedule found here:

[TEAM EVENTS](#)

Purchase Bulldog spirit wear here:

[SPIRIT STORE](#)

MVHS CLUBS

ASL Club -Thursdays, 2:30-4pm, Shop 110
Club Prism-Thursdays, 2:45pm, OM308
Debate Team-Mon's/Tue's, 3:15-5:15pm, AB114
DECA Club - Tuesdays, 2:45pm, NM120
FBLA - Mondays at 2:35pm in NM221
Gaming Club - White Thurs's, NM120, 2:45-4pm
K-Pop Club - Mondays, OM 214, After School
Key Club- E.R. Wednesdays, 12:45-1:30, N206
Korean Culture Club - Tuesdays, 2:35, OM308
LUCHA - Thursdays, at 2:30, Cafeteria
Migrantes Unidos - Tuesdays, at 2:45, C&CC
PIA - Thursdays, 2:45-4PM, OM 113
Project Peace - Tuesdays, 2:30-3pm, CTE 1
Robotics Team - Mon's & Fri's, 2:35-6pm, S110
Skills USA- Thursdays, 2:35pm, NM220
TSA Club - Thursdays, 2:45, CTE10

IMPORTANT NUMBERS:

Athletic Office: 360-428-6191
Sports Schedules and Event Information
Attendance Office: 360-428-6153
Report Student Absence or Tardy
College & Career Center: 360-428-6256
Counseling Office: 360-428-6156
Registration, Schedules, Transcripts, Running Start
MVSD Student Health Services, 360-428-6151
Transportation: 360-428-6147
Bus and Schedule Information

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ATTN: GIRLS WHO CODE

This is an opportunity for a free virtual summer program open to all 9-12 grade girls, or those who identify as non-binary. This is a free program for students of all abilities, whether you have coding experience or not. Students who enroll, learn new coding skills in game design, web design, cybersecurity, data science, and artificial intelligence. For those who don't have technology, the Girls Who Code workshop offers financial support. Students who apply by February 14, 2024 will receive priority consideration. The application deadline is **March 22, 2024**. Please reach out to any CTE technology teacher for additional information or Ms. Zimmer or Baughn in the College and Career Center.

FINANCIAL AID COMPLETION WORKSHOPS

If you are looking for help with the FAFSA/WASFA applications, join us at either events.

Workshop 1: January 31, from 6-7:30pm at Skagit Valley College, Lewis Hall, Room L205.

Workshop 2: February 7, from 6-7:30pm at MVHS, Cafeteria
For more information, contact MVHS College and Career Center at 360-428-6256.

FROM THE COLLEGE & CAREER CENTER

UPCOMING C & CC FIELD TRIPS

2/1 ■ **SVC, Learning w/Learners** ■ for Seniors ■ Slip due 1/18
2/23 ■ **PLU Visit** ■ for Juniors & seniors ■ Slip due 2/9

GEAR UP is taking 11th and 12th graders to the Learning with Leaders event at Skagit Valley College on **February 1st**. It is an event featuring Career Workshops co-led by local professionals and college professors. They will be featuring Information Technology, Healthcare, and Advanced Manufacturing. Permission slips are in the College and Career Center. Please stop by with any questions.

GEAR UP and CSF are taking 11th and 12th graders to the Students of Color Conference at Everett Community College on March 21st. If you are interested in attending please come by the College and Career Center for the permission slip and to register for the event no later than **January 31st**. Please stop by with any questions.

College and Career Readiness = High School & Beyond Plan + Naviance:
To graduate from high school, the State of WA requires all students develop a High School and Beyond Plan that represents what students learned about their skills, interests and goals for post high school. The Mount Vernon School District has partnered with Naviance to help students develop such a plan from middle school throughout high school. Please click on the below link to learn more:

[High School and Beyond Plan and Naviance.](#)

[MVHS COLLEGE & CAREER CENTER](#)
PHONE NUMBER: 360.428.6256

JANUARY 2024

Mount Vernon High School
Special
Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
1-Jan	2-Jan	3-Jan	4-Jan	5-Jan
Happy New Year	Hot Ham and Cheese Sandwich	Teriyaki Beef Dippers	Chicken Alfredo	Meat Ball Sub Sandwich
	Chips	Steamed Rice & Veggies	Roll	Chips
	Fresh Fruit and Vegetables	Fortune Cookie	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
8-Jan	9-Jan	10-Jan	11-Jan	12-Jan
Mandarin Orange Chicken	Hot Ham and Cheese Sandwich	Breakfast for Lunch	Corndogs	Baked Potato Bar
Steamed Rice	Chips	Breakfast Sandwich	Chips	
Fortune Cookie	Fresh Fruit	Hash Brown Patty	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
Fresh Fruit & Veggies	and Vegetables	Fresh Fruit & Veggies	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk		
15-Jan	16-Jan	17-Jan	18-Jan	19-Jan
NO SCHOOL MLK Day!	Cheese Stuffed Breadsticks w/ Marinara Sauce	Mac and Cheese	Teriyaki Beef Dippers	Sausage Dogs with Fried Peppers and Cheese
	Fruit Snacks	Roll	Rice & Veggies	and Cheese
	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables	Fresh Fruit and Vegetables
	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk
22-Jan	23-Jan	24-Jan	25-Jan	26-Jan
Mandarin Orange Chicken	Corn Dogs	Cheese Stuffed Breadsticks & Tomato Soup	Chicken Bacon Ranch Burger	Meat Ball Sub Sandwich
Steamed Rice & Veggies	Chips	Goldfish Crackers	Chips	Chips
Fortune Cookie	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Fresh Fruit	and Vegetables	and Vegetables	and Vegetables	and Vegetables
1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk	1% White Milk or Chocolate Milk

Meal Prices:

Elementary Breakfast

No Charge

Elementary Lunch

No Charge

Adult Lunch

\$5.00

Side Milk

unavailable

Each lunch comes complete with salad bar or fresh vegetable, choice of fresh fruit, & milk

Important News:

Mount Vernon School District changed our food program with the government due to our high level of poverty / free and reduced eligible students.

The new program we operate under is called CEP or Community Eligibility Provision. This allows all enrolled students to eat at no charge and there is no more free and reduced applications.

This institution is an equal opportunity provider and employer.

Menu subject to change without notice.

Questions? Call David Connors, Food Services Director at (360) 428-6149

